



Tribal Alcohol and Substance Abuse Treatment

Alcoholism and substance abuse continues to impact American Indians, a coordinated effort is needed to combat alcohol and substance abuse among our tribal members. Our goal is to work collaboratively with Tribes, Federally Qualified Health Centers, and our doctors in the prevention of abuse or misuse of drugs or alcohol, and the initiation of treatment and ongoing management of alcohol and abuse disorders.

We want to ensure our tribal members receive treatment services and the medication they need to achieve and maintain sobriety.

Aetna can help!

We can help your patient find the right services to support their needs. Benefits include office visits, medications and treatment programs. Call our provider services or our case management team today for assistance at **1-855-242-0802**, TTY 711. We're open 24 hours a day, 7 days a week.

- Counseling
- Peer Groups
- Medication Management
- Medication Assisted Treatment
- 12 step fellowships
- Telemedicine/ Tele-therapy
- Inpatient Treatment
- Detox Centers
- Residential Treatment
- Outpatient Treatment
- Outpatient Therapy
- Recovery Support Services

Treatment Services by Phone

Many tribal members live in rural communities with limited access to behavioral or physical health medicine. We have Treatment Specialists available by phone that can help. They can call Breakthrough, an MD Live company, at **1-888-977-5703**, Monday through Friday, 7 a.m. to 6 p.m. to speak to a behavioral health or substance abuse specialist directly.

Transportation

If your patient doesn't know how to get to their appointment, we provide free transportation services. Our transportation vendor is available Monday through Friday, 8 a.m. to 5 p.m. at **1-877-917-4150**, to schedule the pick-up!

Additional Information

For more information about any other Aetna programs available, or a list of available treatment service options, call our Provider Relations Department at **1-855-242-0802** (TTY 711), 24 hours a day, 7 days a week.