

(Sent via email)

DATE: December 19, 2023

TO: All Network Providers

SUBJECT: **Authorization Changes for Therapy Providers**

Aetna-1626



As part of a larger optimization initiative intended to improve operational efficiency and to reduce unnecessary provider administration activity, the Aetna Better Health of Kentucky health plan will no longer require authorization for the initial twenty (20) outpatient therapy visits (occupational therapy, physical therapy, and speech-language pathology services), effective **February 1, 2024**.

Evaluation and the first 20 visits for each discipline per member per year do not require prior authorization; authorization is required prior to the 21st visit. UM reviews by visit, not modality. A visit is determined by the date of service regardless of the number of codes to be billed during the visit.

As always, do not hesitate to contact your Network Manager with any questions or comments.

Thank you for your valued partnership in caring for our Aetna Better Health of Kentucky Members.

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