



Aetna Better Health of Illinois Introduces New Lifestyle Benefits to Tackle Health Disparities

Benefits include free gym and weight management memberships and a free student data plan

DOWNERS GROVE, Ill., March 15, 2022 – Aetna Better Health of Illinois, a CVS Health® company (NYSE: CVS), has added three new lifestyle benefits for Medicaid members enrolled through the HealthChoice Illinois program to help make healthy lifestyle choices more accessible. Members can now receive a free gym and weight management memberships and a free student data plan.

By adding the following new benefits, Aetna Better Health of Illinois aims to eliminate barriers to achieving better health and make it easier for members to reach their health goals.

Gym membership: Aetna Better Health of Illinois will cover monthly membership fees for qualifying members aged 16 and older at participating fitness centers and gyms.

Digital weight management membership: Members aged 18 and older can get digital weight management support for a year.

Free student data plan: Parents of eligible members ages 7–18 can get reimbursed for a mobile data plan of 1GB per month for a year.

“These new benefits build upon our existing value-added benefits that focus on healthy lifestyles,” said Kim Foltz, CEO of Aetna Better Health of Illinois. “The wide variety of specialty services encourage our members to live healthier and improve their quality of life.”

Aetna Better Health of Illinois is adding these new lifestyle benefits to their existing value-added offerings, such as the 24-Hour Nurse Line, free school clothing and afterschool care, a dollar rewards program for completing healthy actions, and free rides to and from medical appointments. These combined benefits are intended to make it easier for members to prioritize their health every day.

About Aetna Medicaid

Aetna Medicaid Administrators LLC (Aetna Medicaid), a CVS Health company, has over 30 years of experience managing the care of the most medically vulnerable, using innovative approaches and a local presence in each market to achieve both successful health care results and effective cost outcomes. Aetna Medicaid has particular expertise serving high-need Medicaid members,

including those who are dually eligible for Medicaid and Medicare. Currently, Aetna Medicaid owns and/or administers Medicaid managed health care plans under the names of Aetna Better Health and other affiliate names. Together, these plans serve approximately 2.8 million people in 16 states, including Arizona, California, Florida, Illinois, Kansas, Kentucky, Louisiana, Maryland, Michigan, New Jersey, New York, Ohio, Pennsylvania, Texas, Virginia and West Virginia. For more information, see www.aetnabetterhealth.com.

About CVS Health

CVS Health is the leading health solutions company, delivering care like no one else can. We reach more people and improve the health of communities across America through our local presence, digital channels and approximately 300,000 dedicated colleagues including more than 40,000 physicians, pharmacists, nurses, and nurse practitioners. Wherever and whenever people need us, we help them with their health – whether that's managing chronic diseases, staying compliant with their medications, or accessing affordable health and wellness services in the most convenient ways. We help people navigate the health care system – and their personal health care – by improving access, lowering costs and being a trusted partner for every meaningful moment of health. And we do it all with heart, each and every day. Learn more at www.cvshealth.com.

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